



MEG Energy Corp.

CALGARY'S MEG ENERGY ANNOUNCES NEW BOARD MEMBER

CALGARY/ SEPTEMBER 23, 2010 - MEG Energy Corp. is very pleased to announce the appointment of Robert Hodgins to the Board of Directors and as Chair of MEG's Audit Committee.

Robert brings nearly 30 years of experience in oil and gas in both executive and board member roles and continues to sit on the boards of many successful companies on the TSX.

Bill McCaffrey, President and CEO of MEG Energy Corp., welcomes Robert's expertise to the team. "Robert will bring a variety of financial skills and experience to our Board and further enhances our already strong team at MEG."

For more information, please contact:

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