



MEG ENERGY

MEG ENERGY TO PRESENT AT THE BARCLAYS CAPITAL HIGH YIELD BOND AND SYNDICATED LOAN CONFERENCE

CALGARY, March 23, 2011 - Dale Hohm, Chief Financial Officer of MEG, will be presenting at the Barclays Capital High Yield Bond and Syndicated Loan Conference on Friday, March 25 at 10:40 a.m. Eastern Time.

To participate in the conference via webcast, please visit:

http://cc.talkpoint.com/barc002/032311a_lp/default.asp?entity=129_6H6NKTP

A copy of the presentation will be available on MEG's website to download as well, at www.megenergy.com.

MEG Energy is focused on sustainable *in situ* oil sands development and production in the southern Athabasca region of Alberta, Canada. MEG is actively developing enhanced oil recovery projects that utilize SAGD extraction methods.

MEG's common shares are listed on the Toronto Stock Exchange under the symbol "MEG".

For more information, please contact:

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