

MEG ENERGY FILES 2010 YEAR END DISCLOSURE DOCUMENTS

CALGARY, Alberta / February 24, 2011 – MEG Energy Corp. ("MEG" or "MEG Energy") filed its financial statements, Management's Discussion and Analysis and Annual Information Form for the year ended December 31, 2010 with the Canadian securities regulatory authorities today.

MEG's annual disclosure documents will be available at www.sedar.com or on MEG's website at www.megenergy.com.

MEG Energy is focused on sustainable in situ oil sands development and production in the southern Athabasca region of Alberta, Canada. MEG is actively developing enhanced oil recovery projects that utilize SAGD extraction methods.

MEG's common shares are listed on the Toronto Stock Exchange under the symbol "MEG".

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